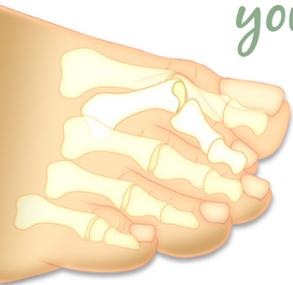


*Has pain in your feet been limiting your life, the shoes you wear, or the activities you do everyday?*

*What if you could wear heels without pain?*

*What if you could run without pain?*

*A solution is finally here!*



**We are pleased to present solutions for your feet!**

We understand that reviewing current treatments and finding the best solution is very important. We strive to provide you with all of the information you need to make the best choice.

The team at Nextremity Solutions® (creators of the Nextra® and Re+Line™ Implants) wants to provide the best for you and your surgeon. The first step in learning more about your options is to review the information on our website, [www.mybeautifulfeet.com](http://www.mybeautifulfeet.com). The next step is discussing this with your surgeon.

To make this easier for you, we have provided below a list of topics to consider and questions to ask of your surgeon.

**Please print this out and take it with you to your appointment!**

### **Topics to Consider**

- How long have your feet been bothering you?
- What have you done to relieve the pain, i.e. taping or padding?
- How much of your daily life is limited by this pain?
- Do you have any other foot pain that is limiting your daily activities?
- What is the number one thing you hope to gain from hammertoe or bunion correction surgery?

### **Questions to ask your Surgeon**

- What other types of solutions are there, and why may this be the best solution?
- What can I expect from this surgery, and will my hammertoe or bunion truly be corrected?
- How long is the recovery time?
- Can I feel the implant after surgery? Will it hurt?
- Are there any risks associated with this procedure?



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